From Your **DENTIST**



Dr. Renee Maikon

Dr. Amy Stodola



Jody Anderson Dental Hygienist

Stephanie Loberg Dental Hygienist





Krista Blocklinger Dental Hygienist

Brenda Buscher Dental Assistant





Teresa Haddad Dental Assistant

Chelle Patterson Dental Assistant





Kim Beck Dental Receptionist

Office Information

Family SmileCare Center, PLC 1630 32nd St. NE Cedar Rapids, IA 52402 Phone: 319-362-8657 Fax: 319-362-1824 email: familysmilecarecenter@mchsi.com www.familysmilecarecenter.com

Office Hours:

Monday-Thursday	7am to 6pm
Friday	8am to 12pm



Family SmileCare Center, PLC

Our Mission: Helping you keep your smile for a lifetime.

Back to School!

Back to School means shopping for school supplies, clothes, sports physicals and dental exams. As of July 1, 2008 children newly enrolling in elementary school or high school, or students transferring into a new school district need a dental screening form as part of the enrollment process. Call now for your appointment!

Expect the Tooth Fairy!

Most children will loose their first tooth in elementary school. The lower center teeth are the first to appear in children, usually at about age 6 months. They're also the first teeth to fall out - followed by the upper center teeth - usually at about age 6 years. Baby teeth fall out on their own to make room for permanent teeth. Once your child loses his or her first baby teeth, the remaining baby teeth will gradually loosen and fall out until about age 12 or 13 years. They generally fall out in the order they came in, with the central incisors, then the lateral incisors, followed by the first baby molars, then the canines, and finally the second baby molars. (See the chart below)

Some children are excited about losing baby teeth, while others (and parents) are nervous about this milestone. While losing baby teeth often causes no discomfort, some children experience sore gums and minimal bleeding. Pain relievers, such as ibuprofen (Advil or Motrin), acetaminophen (Tylenol), and overthe-counter topical analgesics may help.

Many leave their baby teeth under their pillow for the Tooth Fairy but the Tooth Fairy can find them just about anywhere.

Don't forget students in sports need mouth guards!

Why Fill Baby Teeth?

Baby or primary teeth have many functions: chewing, phonetics (speech), and holding space for permanent teeth. If decay in baby teeth is left untreated it can lead to pain and infection. This infection can also hurt the permanent tooth underneath. Broken down teeth can lead to a decrease in nutrition, which may affect physical and mental growth and development of the child. Front baby teeth are needed until age 6 while back teeth are needed until age 12. Whether to restore a decayed baby tooth depends on two considerations: the dental age of the child and the condition of the tooth in question. If an x-ray reveals that the cavity is small and the tooth is soon to be lost, treating the tooth would not be necessary. If it appears that the tooth will not be lost for years, removing the decay and placing a filling would be most prudent. If the tooth is severely decayed and/or shows signs of infection, further treatment or removing the tooth should be considered.

 I.D
 2.A
 3.C
 4.D
 5.C
 6.D
 7.C

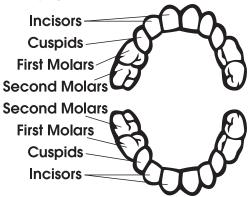
When Do Teeth Fall Out?

UPPER TEETH

Central incisors......7 years old Lateral incisors8 years old Cuspids......11 years old First Molars10 years old Second Molars10 years old

LOWER TEETH

6 years old
7 years old
9 years old
10 years old
11 years old





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News From Your Dentist



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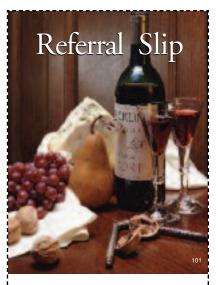


The Dental Quiz

Can you choose the correct answers for these dental questions?

- How many baby teeth does the average child have?
 A. 10
 B. 14
 C. 18
 D. 20
- How many permanent teeth does the average adult have?
 A. 32
 B. 38
 C. 42
 D. 50
- 3. How long should you brush your teeth?A. 30 secondsB. 2 minutesC. 5 minutes
- 4. How long can your permanent teeth last?A. Under 25 yearsB. 35 yearsC. 50 years
- 5. "Wisdom teeth" are describing which set of molars?A. 1st molarsB. 2nd molarsC. 3rd molars
- 6. Which baby teeth come out first?A. 1st molarB. canineC. upper center
- 7. About what age will a child loose their first tooth?A. 3 yearsB. 12 yearsC. 6 years

- D. 15 minutes
- D. a lifetime
- D. 1st baby molars
- D. lower center
- D. 15 years



We would like more patients like you. Please refer us to your family, friends & co-workers and we will THANK YOU with a gift.

Have them call for an appointment

362-8657

After their first visit,we will contact you to choose: \$50 toward your next dental visit or \$50 to Biaggi's or Granite City or a \$50 BP Gasoline card

Thank you from Family SmileCare Center!
